

I CLAIM:

1. An aquatic exercise apparatus comprising, in combination:

a first flotation device having a density less than water;

a second flotation device having a density less than water;

a first polyvinyl chloride tube having a first end and a second end, said first end being dimensioned to mate with said first flotation device;

a second polyvinyl chloride tube having a first end and a second end, said first end of said second polyvinyl chloride tube dimensioned to mate with said second flotation device;

a first polyvinyl chloride elbow having a first end and a second end, said second end of said first polyvinyl chloride tube dimensioned to securely mate with said first end of said first elbow;

a second polyvinyl chloride elbow having a first end and a second end, said second end of said second polyvinyl chloride tube dimensioned to securely mate with said first end of said second elbow;

a third polyvinyl chloride tube having a first end and a second end, said first end of said third polyvinyl chloride tube dimensioned to mate with said second end of said first polyvinyl chloride elbow;

a fourth polyvinyl chloride tube having a first end and a second end, said first end of said fourth polyvinyl chloride tube dimensioned to mate with said second end of said second polyvinyl chloride elbow;

a third polyvinyl chloride elbow having a first end and a second end, said second end of said third polyvinyl chloride tube dimensioned to securely mate with said first end of said third elbow;

a fourth polyvinyl chloride elbow having a first end and a second end, said second end of said fourth polyvinyl chloride tube dimensioned to securely mate with said first end of said fourth elbow;

a fifth polyvinyl chloride tube having a first end and a second end, said first end of said fifth polyvinyl chloride tube dimensioned to mate with said second end of said third polyvinyl chloride elbow;

a sixth polyvinyl chloride tube having a first end and a second end, said first end of said sixth polyvinyl chloride tube dimensioned to mate with said second end of said fourth polyvinyl chloride elbow;

a first polyvinyl chloride gripping tube having a first end and a second end and having a diameter greater than said fifth polyvinyl chloride tube and a length less than said fifth polyvinyl chloride tube, said fifth polyvinyl chloride tube

dimensioned to be inserted through said first polyvinyl chloride gripping tube so that said first polyvinyl chloride gripping tube being dimensioned to rotate around and relative to said fifth polyvinyl chloride tube;

a second polyvinyl chloride gripping tube having a first end and a second end and having a diameter greater than said sixth polyvinyl chloride tube and a length less than said sixth polyvinyl chloride tube, said sixth polyvinyl chloride tube dimensioned to be inserted through said second polyvinyl chloride gripping tube so that said second polyvinyl chloride gripping tube being dimensioned to rotate around and relative to said sixth polyvinyl chloride tube;

a fifth polyvinyl chloride elbow having a first end and a second end, said second end of said fifth polyvinyl chloride tube dimensioned to securely mate with said first end of said fifth elbow;

a sixth polyvinyl chloride elbow having a first end and a second end, said second end of said sixth polyvinyl chloride tube dimensioned to securely mate with said first end of said sixth elbow; and

a seventh polyvinyl chloride tube having a first end and a second end, said first end of said seventh polyvinyl chloride tube dimensioned to mate with said second end of said fifth elbow, said second end of said seventh polyvinyl chloride tube

dimensioned to mate with said second end of said sixth elbow.

2. The aquatic exercise device of Claim 1 wherein said first flotation device defines a first aperture and said second flotation device defines a second aperture, said first end of said first polyvinyl chloride tube being dimensioned to be inserted into said first aperture and said first end of said second polyvinyl chloride tube being dimensioned to be inserted into said second aperture.

3. The aquatic exercise device of Claim 1 wherein said first flotation device comprises a first substantially round peg and said second flotation device comprises a second substantially round peg, said first peg being dimensioned to be inserted into said first end of said first polyvinyl chloride tube and said second peg being dimensioned to be inserted into said first end of said second polyvinyl chloride tube.

4. The aquatic exercise device of Claim 1 wherein each said first polyvinyl chloride tube, said second polyvinyl chloride tube, said third polyvinyl chloride tube, said fourth polyvinyl chloride tube, said fifth polyvinyl chloride tube and said sixth polyvinyl chloride tube being of a same length and diameter.

5. The aquatic exercise device of Claim 1 wherein each said first polyvinyl chloride elbow, said second polyvinyl chloride elbow, said third polyvinyl chloride elbow, said fourth polyvinyl chloride elbow, said fifth polyvinyl chloride elbow and said sixth polyvinyl chloride elbow having an approximately 90 degree bend.

6. The aquatic exercise device of Claim 1 wherein at least one of said first polyvinyl chloride elbow, said second polyvinyl chloride elbow, said third polyvinyl chloride elbow, said fourth polyvinyl chloride elbow, said fifth polyvinyl chloride elbow and said sixth polyvinyl chloride elbow having an approximately 45 degree bend.

7. The aquatic exercise device of Claim 1 wherein at least one of said first polyvinyl chloride tube, said second polyvinyl chloride tube, said third polyvinyl chloride tube, said fourth polyvinyl chloride tube, said fifth polyvinyl chloride tube, said sixth polyvinyl chloride tube and said seventh polyvinyl chloride tube has a length being one of longer and shorter than a length of at least one other said first polyvinyl chloride tube, said second polyvinyl chloride tube, said third polyvinyl chloride tube, said fourth polyvinyl chloride tube, said fifth polyvinyl chloride tube, said sixth polyvinyl chloride tube and said seventh polyvinyl chloride tube.

8. The aquatic exercise device of Claim 1 wherein said first flotation device and said second flotation device having a shape of at least one of a pyramid, a cross, and a propeller.

9. An aquatic exercise apparatus comprising, in combination:

- a first flotation device having a density less than water;
- a second flotation device having a density less than water;
- a first polyvinyl chloride tube having a first end and a second end, said first end being dimensioned to mate with said first flotation device;

- a second polyvinyl chloride tube having a first end and a second end, said first end of said second polyvinyl chloride tube dimensioned to mate with said second flotation device;

- a first polyvinyl chloride elbow having a first end and a second end, said second end of said first polyvinyl chloride tube dimensioned to securely mate with said first end of said first elbow;

- a second polyvinyl chloride elbow having a first end and a second end, said second end of said second polyvinyl chloride tube dimensioned to securely mate with said first end of said second elbow;

- a third polyvinyl chloride tube having a first end and a second end, said first end of said third polyvinyl chloride tube dimensioned to mate with said second end of said first polyvinyl chloride elbow;

- a fourth polyvinyl chloride tube having a first end and a second end, said first end of said fourth polyvinyl chloride



tube dimensioned to mate with said second end of said second polyvinyl chloride elbow;

a first polyvinyl chloride gripping tube having a first end and a second end and having a diameter greater than said third polyvinyl chloride tube and a length less than said third polyvinyl chloride tube, said third polyvinyl chloride tube dimensioned to be inserted through said first polyvinyl chloride gripping tube so that said first polyvinyl chloride gripping tube being dimensioned to rotate around and relative to said third polyvinyl chloride tube;

a second polyvinyl chloride gripping tube having a first end and a second end and having a diameter greater than said fourth polyvinyl chloride tube and a length less than said fourth polyvinyl chloride tube, said fourth polyvinyl chloride tube dimensioned to be inserted through said second polyvinyl chloride gripping tube so that said second polyvinyl chloride gripping tube being dimensioned to rotate around and relative to said fourth polyvinyl chloride tube;

a third polyvinyl chloride elbow having a first end and a second end, said second end of said third polyvinyl chloride tube dimensioned to securely mate with said first end of said third elbow;

a fourth polyvinyl chloride elbow having a first end and a second end, said second end of said fourth polyvinyl chloride

tube dimensioned to securely mate with said first end of said fourth elbow; and

a fifth polyvinyl chloride tube having a first end and a second end, said first end of said fifth polyvinyl chloride tube dimensioned to mate with said second end of said third elbow, said second end of said fifth polyvinyl chloride tube dimensioned to mate with said second end of said fourth elbow.

10. The aquatic exercise device of Claim 9 wherein said first flotation device comprises a first sleeve having a diameter greater than said first polyvinyl chloride tube, said first end of said first polyvinyl chloride tube being dimensioned to be inserted into said first sleeve; and

wherein said second flotation device comprises a second sleeve having a diameter greater than said second polyvinyl chloride tube, said first end of said second polyvinyl chloride tube being dimensioned to be inserted into said second sleeve.

11. The aquatic exercise device of Claim 9 wherein each said first polyvinyl chloride tube, said second polyvinyl chloride tube, said third polyvinyl chloride tube and said fourth polyvinyl chloride tube being of a same length and diameter.

12. The aquatic exercise device of Claim 9 wherein each said first polyvinyl chloride elbow, said second polyvinyl chloride elbow, said third polyvinyl chloride elbow and said fourth polyvinyl chloride elbow having an approximately 90 degree bend.

13. The aquatic exercise device of Claim 9 wherein at least one of said first polyvinyl chloride elbow, said second polyvinyl chloride elbow, said third polyvinyl chloride elbow and said fourth polyvinyl chloride elbow having an approximately 45 degree bend.

14. The aquatic exercise device of Claim 9 wherein at least one of said first polyvinyl chloride tube, said second polyvinyl chloride tube, said third polyvinyl chloride tube, said fourth polyvinyl chloride tube and said fifth polyvinyl chloride tube has a length being one of longer and shorter than a length of at least one other said first polyvinyl chloride tube, said second polyvinyl chloride tube, said third polyvinyl chloride tube, said fourth polyvinyl chloride tube and said fifth polyvinyl chloride tube.

15. An aquatic exercise apparatus comprising, in combination:

- a first flotation device having a density less than water;
- a second flotation device having a density less than water;
- a first handle;
- a second handle; and

- a plurality of tube members dimensioned to be coupled to said first flotation device and said second flotation device and said first handle and said second handle so that said first handle and said second handle and said plurality of tube members being adjustable in length and disposed of between said first flotation device and said second flotation device.

16. The aquatic exercise device of Claim 15 further comprising a plurality of coupling elbows dimensioned to couple said plurality of tube members to said first handle and said second handle and to other said plurality of tube members.

17. The aquatic exercise device of Claim 15 wherein said plurality of tube members being comprised of polyvinyl chloride.

18. A method for aquatic exercise comprising, in combination, the steps of:

providing a first flotation device having a density less than water;

providing a second flotation device having a density less than water;

providing a first handle;

providing a second handle;

providing a plurality of tube members;

coupling one of said plurality of tube members to said first flotation device;

coupling another of said plurality of tube members to said second flotation device;

coupling one of said plurality of tube members to said first handle;

coupling one of said plurality of tube members to said second handle, all said plurality of tube members being disposed of between said first flotation device and said second flotation device; and

adjusting a distance between at least one of said first handle and said second handle, and said first flotation device and said second flotation device.

19. The method of Claim 18 further comprising the step of selecting said plurality of tube members from a plurality of polyvinyl chloride tubes of more than one length.

20. The method of Claim 18 further comprising the step of selecting more than one elbow from a plurality of polyvinyl chloride elbows of more than one bend degree.